

Adoption Art Therapy Group

WHO?

A Support Group Specifically Designed for High School Girls who are Adopted.

WHAT?

Explore the meaning adoption has for you in both positive and negative ways, and how it has affected your life. Discuss the issues often expressed by adoptees in a safe environment with other teens who share a similar experience. Group time will include simple art-making (you do not need to have any artistic talent) to aid in the process of self-exploration, as well as group processing time.

The program includes 2 family sessions and 6 group art therapy sessions.

Two individual family sessions will precede the group's commencement:

#1. Family Intake and Information-Gathering Session

#2. Family Adoption Story-Telling Session

Cost: \$380

If you are interested,
please contact Jody @952-220-7250.

WHEN?

Individual sessions can be scheduled at a convenient time for the family.

Group sessions will take place on Friday afternoons from 5:00-6:30PM, January 20-February 24, 2017.

WHERE?

Family Sessions will be held at Devine Counseling,
11985 Technology Drive in Eden Prairie.

Group Sessions will take place at Wayzata Free Church,
705 County Road 101 in Plymouth.

WHY?

Adolescence is the developmental stage where teens are actively engaged in the process of self-exploration. For the teen who is adopted, the question, "Who am I?" can be more complicated, especially when internal questions still linger. Providing a safe and objective space to ponder such issues can be quite relieving to teens at this particular point in their development.

Facilitators:

Susan Devine, MA, LAMFT, ATR-BC

Jody Schreiber, LICSW